



## Under 16 Girls Program 2021 - Born 2005 and Later

### Coaching Team

Angie Winstanley Smith  
(Director of Coaching)  
Josh Potaka (Head of Men's  
Program)  
Quentin Quin  
Noah Van Oudenaaren  
Hannah Ngare  
Hamish Macdonald



### Important Dates

Auckland League – Term 2

Nationals Division 1 – Christchurch - Saturday 10 July – Tuesday 13 July

Nationals Division 2 – Rotorua Wednesday 14 July – Saturday 17 July

### Trials

Week beginning 5 April

### School Holiday Programs

10.00am – 3.00pm 19 April – 22 April

### Fees

Club Membership \$100 (Per year)  
Termly training Fee 1 training per week \$190  
Termly training Fee 2 training per week \$360  
Tournaments – Dependant on location



## **Yearly Training Overview**

*(All training at Diocesan School for Girls)*

### **Term 1**

Group 1 – Monday 6.30pm – 8.00pm

Group 2 - Thursday 7.30pm – 9.00pm

Start Thursday 4 February end Thursday 15 April

Non Tier 2 National League girls only

### **Term 2**

Under 16 A

Monday 6.30pm – 8.00pm

Thursday 6.30pm – 7.45pm

Under 16 B/C

Tuesday 6.00pm – 7.30pm

Thursday 7.45pm – 9.00pm

Start Monday 3 May end Thursday 8 July

### **Term 3**

Development

### **Term 4**

### **Aussie Youth Preparation**

### **Uniform Requirements – Tournaments**

- Atlantis Club Togs
- Atlantis Club Tracksuit Top
- Atlantis Club Tee-Shirt
- Atlantis Club Shorts
- Atlantis Club Grey Hoody (Optional)