

Atlantis City Water Polo and Aquatics

Covid - 19 Level 2 Player and Parents Guidelines

Prior to training

- Do not attend training if you are unwell or have been instructed to take a covid-19 test.
- Coaches screened prior to attending training and complete a return to coaching form
- All equipment sanitised with Anti-Viral product before starting. Athletes to bring own drink bottles – no sharing of water fountain.

Arrival at the training venue

- Athletes to use hand sanitiser upon arrival at the Aquatic Centre and to arrive 5 minutes prior to the beginning of their training time. NO PARENTS OR SPECTATORS ONSITE. Please drop off and wait in cars. Please wait outside of the venue.
- Wait outside of the venue until your coach instructs you to enter. Adhere to the 2m social distance ruling.
- Athletes to arrive in togs for training with warm – clothing over the top. Changing rooms will not be able to be accessed
- Coaches to complete contact tracing roll prior to the start of training

During training

- Coach to wear PPE where possible and to remain 2m distance from all athletes at all times
- If toilets are accessed athletes to wash hands upon returning to the pool

Post training

- All athletes to leave the facility in togs with towels/warm clothing over togs to take all of their own equipment and leave facility quickly by the exit instructed by the pool management team to avoid traffic with the following group
- All equipment rinsed and sprayed ready for the next training session





Arrival at the training venue - Parents to stay in cars

Wait outside of the training venue until your coach arrives. Adhere to the social distancing rule of 2m.

Enter aquatic centre when instructed to you by your coach

Train hard and have fun

After training leave immediately taking all belongings. Parents to wait in the car for pick up